A Person-Centred Approach

Core components for adults with IDD who are becoming frail to ensure the person’s needs, wants and wishes are at the centre

- Assess physical, emotional and social needs
- Identify daily activity goals
- Promote material wellbeing
- Create plans for personal action and advanced care
- Address the needs of caregivers & provide necessary training
- Consider social and community inclusion
- Support networks
- Respect the person’s rights
- Assess safety of environment

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